

A short clip from “Avengers: Age of Ultron”

Our actions may be impeded … but there can be no impeding our intentions or dispositions. Because we can accommodate and adapt. The mind adapts and converts to its own purpose and obstacle to our acting.

The impediment to action advances action.

What stands in the way becomes the way.

Set backs are always expected and never permanent.

What impedes us can empower us.

Struggle is the one constant in all of our lives.

We are the rightful heirs to this tradition. It's our birthright.

Are we worthy ???

Are you worthy ???

A Boulder in the Road.

What holds you back?

Many of our problems come from having too much.

Great times are great softeners.

Overcoming obstacles is a discipline of three critical steps:

Perception

Action

Will

What is Perception?

How we see and understand what occurs around us.

“Oh how blessed young men are who have to struggle for a foundation and beginning in life.” “I shall never cease to be grateful for the three and a half years of apprenticeship and the difficulties to be overcome, all along the way.”

John D. Rockerfeller

Choose not to be harmed – and you won't feel harmed.

Don't feel harmed – and you haven't been.

Marcus Aurelius

Does getting upset provide you with more options?

But it's what I feel.

"This happened and it is bad"

The perceiving eye is weak, the observing eye is strong.

Miyamoto Musashi (Samurai Swordsman)

What is Action?

The solution and the cure to our predicaments.

Needle in a haystack

Once you start attacking an obstacle, quitting is not an option.

It's okay to be discouraged. It's not ok to quit.

You should never have to ask yourself,

“But what an I supposed to do now?”

Your Job!



A short clip from “Avengers: Age of Ultron”

To whatever we face, our job is to respond with:

Hard Work

Honesty

Helping others as best we can

What is the meaning of life?

Answered with your actions

How you do anything is how you can do everything

We can always act right.

What's right is what works

The cucumber is bitter: Then throw it out.

There are brambles in the path? Then go around.

That's all you need to know.

Marcus Aurelius

One piece of property – Two owners

What is Will?

Will is your internal power.

People think that will is how bad we want something.

True will is:

Humility

Resilience

Flexibility

Hard Work

Will is the discipline of the heart and the soul.

Accept what happens to us.

Must Do

Get to Do

PERSEVERANCE

Not just in round one but in round two and every round after.

The fight after that and the fight after that.

Life is not about one obstacle, but many.

We don’t control the barriers or the people who put them there.

We control ourselves

Stop pretending that what you're going through is somehow special or unfair.

It just "is what it is"

We gather strength as we go

See clearly

Act correctly

Endure and accept the world as it is.

Behind this mountain are more mountains.