CASCADE MEDICAL
PARTNERS IN YOUR HEALTH

Minutes of the Board of Commissioners Retreat
Sleeping Lady Mountain Resort – Tadpole Room
Public Hospital District No. 1 – June 7, 2017

Present: Mary Helen Mayhew, President; Helen Rayfield, Commissioner; Tom Baranouskas, Commissioner; Bruce Williams, Commissioner; Mall Boyd, Commissioner; Diane Blake, Chief Executive Officer; Amy Webb, Chief Operating Officer; Jim Hopkins, Chief Financial Officer; Dr. Jay Jerome, Provider; Kathleen O'Connor, Clinic Director; Jill Barich, Executive Assistant; Rachel Hansen, Public Relations Coordinator

Guests: Strode Weaver, CM Foundation; Kelly O'Brien, Fire Chief, Chelan County Fire District #3; Dr. Jonathan Sugarman, Qualis Health; Gwen Cox, RN, Qualis Health;

Topics	Actions/Discussions
CALL TO ORDER	▪ President, Mary Helen Mayhew called the meeting to order at 8:30 AM
INTRODUCTIONS	▪ Everyone introduced themselves.
Chelan County Fire District #3 Levy Discussion	▪ Kelly O'Brien presented information regarding the upcoming levy for Fire District #3. The district is asking voters to approve an increase in the levy rate from $0.35/$1,000 to $1.00/$1,000.
Patient Centered Medical Home	▪ Dr. Jonathan Sugarman and Gwen Cox from Qualis Health shared what it means to be a Patient Centered Medical Home (PCMH) and reviewed the initial assessment scores for Cascade Medical.
Q&A with Dr. Jerome	▪ Things are going well in the clinic. There has been some turnover this year, including with providers. The local providers with families feel they take on some additional duties at times. ▪ Kathleen's leadership has been very positive. ▪ Limitations in the clinic – time is a barrier. Communication with patients is tough. Providers need better ways to communicate with patients and be able to provider better education including links to websites, etc. ▪ Staggering work times for staff will help build stability. ▪ Dr. Jerome recently spoke to Rotary about the Opioid dilemma. ▪ We need to build team based care for patients with chronic pain, diabetes and all chronic conditions. ▪ Providers are excited to have Dr. Maxwell Moholy joining us as a Behavioral Health Consultant in September. ▪ The need for behavioral health integration in the clinic is huge. ▪ Providers wish the Board knew how hard staffing can be, including filling holes on the schedule. ▪ Dr. Jerome feels it would be beneficial to have a provider retreat day with a set agenda to close the loop on process improvements. ▪ As a group we do a good job of focusing on the patients.
LUNCH BREAK	

Strategic Thinking	• Management is proposing moving from nine pillars to five pillars.
	• The Board would like to remove Engaged Governance and incorporate governance into one of the other pillars.
	• Reviewed and revised the descriptions of each of the new pillars.
	  ○ Our People – add the word "outstanding" to the description.
	  ○ Financial Stewardship – no changes.
	  ○ Patient & Family Centered Care – change "unrivaled" to "exceptional".
	  ○ Community Connections – change "the community" to "our communities" at the end of the description.

2018 Objectives	▪ People – No changes to the objectives ▪ Community Connections – add an objective regarding the upcoming EMS Levy. ▪ Financial Stewardship – add an objective on continued management of alternative payment models. ▪ Patient and Family Centered Care – no changes.
Strategic Questions	▪ Reviewed the potential questions for Board Education for the remainder of the year. ▪ Commissioners would like to add to the list reviewing the Patient Centered Medical Home matrix. ▪ Commissioners voted on the topics they feel are most important for upcoming education.
Wrap-up/Meeting Evaluation	▪ Commissioners are very interested in the work happening around Patient Centered Medical Home and how it is being implemented in our facility. They are encouraged by the work that is happening around this topic. ▪ What went well at today's Retreat? o Great day overall o It was good to hear from Dr. Jerome. o Commissioners don't see a need for a facilitator. Diane did a great job of preparing and facilitating the meeting. o The new pillars are good.
ADJOURNMENT	▪ There being no further business, the meeting adjourned at 4:40 PM

Mary Helen Mayhew

Mary Helen Mayhew, President

Helen Rayfield, ~~Secretary~~

Bruce William Vice Chair