**CASCADE MEDICAL**
PARTNERS IN YOUR HEALTH

Minutes of the Board of Commissioners Retreat
Sleeping Lady Mountain Resort – Tadpole Room
Public Hospital District No. 1 – June 9, 2016

**Present**: Mary Helen Mayhew, President; Helen Rayfield, Commissioner; Tom Baranouskas, Commissioner; Bruce Williams, Commissioner; Mall Boyd, Commissioner; Diane Blake, Chief Executive Officer; Amy Webb, Chief Operating Officer; Jim Hopkins, Chief Financial Officer; Dr. Jay Jerome, Provider; Jill Barich, Executive Assistant; Rachel Hansen, Public Relations Coordinator

**Guests**: Strode Weaver, CM Foundation; Jody Corona, Health Facilities Planning, Gerri Passage, CM Foundation

| Topics | Actions/Discussions |
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| **CALL TO ORDER** | ▪ President, Mary Helen Mayhew called the meeting to order at 9:00 AM |
| **INTRODUCTIONS/ICE BREAKER** | ▪ Everyone introduced themselves.<br>▪ Following introductions, everyone participated in an ice breaker activity. |
| **RETREAT PURPOSE** | ▪ Review the information gathered from our recent Community Focus Groups conducted by Jody Corona of Health Facilities Planning & Development.<br>▪ Review and revise long term objectives and review our revised SWOT analysis.<br>▪ The information from the community focus groups will be important to keep in mind when discussing our long term objectives. |
| **SUMMARY OF COMMUNITY FOCUS GROUPS** | ▪ The presentation to the community members began with some information on what is happening in the State and Nationally around healthcare.<br>▪ Washington Rural Health Access Preservation (WRHAP) is made up of the 13 smallest hospitals by volume, or are at risk financially in Washington. The big question is how do we deliver and pay for healthcare into the future in these communities.<br>▪ The WRHAP CEO's created a list of the services they believe are essential for these communities. Our community felt PT/OT Services and Paramedicine should be added.<br>▪ Our community had only positive comments about our facility and providers.<br>▪ Improvements – patients would like to see technology used more.<br>▪ The groups also discussed "what does a healthy community means to you and how do we achieve it?"<br>▪ There are several factors that determine the health of a community. Social and economic factors represent 40% of the health of the community, while clinical care is only 20% of the equation. Our community has pockets of disparity and it will take the entire community working together to help solve those issues.<br>▪ The community members were very interested in prevention and education. |
| **STRATEGY WORK: What's next for Healthiest Community Plan?** | ▪ Is our long term objective of a healthiest community for our Community pillar the right objective?<br>▪ Attendees of the focus groups would like to see CM share the goal and information gathered with other community agencies (city, school district, etc.)<br>▪ Diane will work on getting on the agenda for a study session with the city to share this information. She will also reach out to the school district to see about meeting with the school board. |

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| | ▪ Commissioners and retreat attendees do not like the "healthiest community" language. Sr. Leadership will work on re-wording this objective and will bring it back to the board for discussion.<br>▪ CM needs to be involved in the community in a number of ways – support farmers market, recreation center development, schools, etc.<br>▪ Need to explore how we reach non-users of our facility? Who are the non-users? Affluent, alternative medicine users, etc.<br>▪ We need to look at different ways to add services that are reimbursable, such as paramedicine, dietitian consults, telemedicine.<br>▪ The Hispanic population is under served in our hospital district and we need to figure out how to better serve and reach this population. |
| **LUNCH BREAK** | |
| **SWOT ANALYSIS REVIEW** | • Sr. Leadership has spent some time reviewing the SWOT Analysis from 2014.<br>• Reviewed the deletions and re-statements by pillar.<br>• Reviewed and provided feedback on the 2016 SWOT analysis prepared by Sr. Leadership. |
| **LONG TERM & 2017 OBJECTIVES** | ▪ The group broke into teams and reviewed and revised some of the long term objectives.<br>▪ Sr. Leadership will take the input from these groups to make any suggested changes to the objectives that were reviewed.<br>▪ The group ran out of time to review all the long term objectives and did not review the 2017 Objectives at this time. The Strategic Planning Committee will pick up the remainder of this work and will bring it back to the full board. |
| **ADJOURNMENT** | ▪ There being no further business, the meeting adjourned at 4:45 PM |

Mary Helen Mayhew, President

Helen Rayfield, Secretary