CASCADE MEDICAL
PARTNERS IN YOUR HEALTH

Minutes of the Board of Commissioners Retreat
Sleeping Lady Mountain Resort – Tadpole Room
Public Hospital District No. 1 – December 2, 2015

Present: Mary Helen Mayhew, President; Helen Rayfield, Commissioner; Tom Baranouskas, Commissioner; Bruce Williams, Commissioner; Mall Boyd, Commissioner; Diane Blake, Chief Executive Officer; Amy Webb, Chief Operating Officer; Jim Hopkins, Chief Financial Officer; Jill Barich, Executive Assistant.

Guests: Kristen Mershon, Clinic Director; Rachel Hansen, Public Relations Coordinator; Dr. Peter Rutherford, Confluence Health; Barry Kling, Chelan-Douglas Health District

Topics	Actions/Discussions	Follow-Up Items
CALL TO ORDER	▪ President, Mary Helen Mayhew called the meeting to order at 9:00 AM	
INTRODUCTIONS	▪ Everyone introduced themselves.	
REGIONAL HEALTHCARE DEVELOPMENT	▪ Barry Kling and Dr. Rutherford presented information on regional healthcare development. ▪ They shared information created by the Healthcare Authority on the goals for a healthier Washington. ▪ Accountable Communities of Health have been created throughout the state. ▪ They reviewed the current system and how the state envisions the changes. ▪ Discussed Quality measures that the state plans to collect data on. ▪ Reviewed the Brie Collaborative for the State and what it has accomplished. ▪ ACH – What can they do to help the area get read for the changes? o Initiative to improve care – need to focus on one thing first – possibly diabetes, community based primary care, obesity. Need an evidence based program and need to have coordination of the program to help it move forward. o Chelan County is already a very low cost area so that is to our benefit. ▪ Confluence and Samaritan Health – Confluence has been in the Moses Lake area since the 1970's and has 40+ providers in that area. They are currently in discussions with Samaritan about affiliating and expect that affiliation to happen. Both organizations want to provide the most appropriate care for patients and by affiliating they hope to expand some services in that area. ▪ Quincy – As everyone knows the Quincy hospital has been struggling financially for some time. The Port of Quincy has been recruiting a lot of business and the area is growing. The areas the Port has identified and needing more development are Education and Healthcare. The Port reached out to Confluence and asked them to do a presentation on	

	who they are. Confluence wants to work collaboratively with the organization that already exists.	
LUNCH BREAK	▪	
HEALTHIEST COMMUNITY CONCEPT	▪ One of our Long Term Objectives is to be the Healthiest Community by 2019. ▪ Diane reviewed what other communities have achieved as far as being a healthiest community and what awards are available. ▪ How do we define a "healthiest community?" ▪ How do we set our plan? o Need to talk to our community. Need to set-up various community meetings to hear from them what they think can be improved in the health of our community.	
BOARD GOVERNANCE	▪ Reviewed the draft Procedure for Board Assignments. Per Board Bylaws, official committee assignments will be done at the January meeting. The committees will stay the same – QI, Finance and Strategic Planning. We will also have one commissioner assigned as the liaison to the Foundation as well as a liaison to the Advisory Council. In 2016 we will have an Ad Hoc Bylaws committee to review and make recommendations for changes to the Board Bylaws. ▪ Reviewed the Strategic Plan 2016 Work Plan. ▪ Board Education – reviewed the Board education plan for 2016. ▪ Reviewed the Committee Chair guidelines. ▪ Reviewed the job descriptions for both commissioner and Board President. Commissioners will review these and let us know if they think any changes need to be made.	
COMMISSIONER COMMENTS	▪ Today has been very productive with a good education session and good work completed in the afternoon sessions.	
ADJOURNMENT	▪ There being no further business, the meeting adjourned at 5:00 PM	

Mary Helen Mayhew

Mary Helen Mayhew, President

Helen Rayfield

Helen Rayfield, Secretary